

**No 818**

**Glenorchy**  
UNITED REFORMED CHURCH  
**EXETER ROAD - EXMOUTH**

*THE REVIEW*

**March 2019**



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## Reminder

Notices to be included in the Church Calendar should be given to the Secretary by the first Sunday of the previous month.

Notices and announcements for the weekly Bulletin or notices should be with the Secretary by the previous Wednesday

The advertisements that appear in the front pages help to cover the costs of producing the REVIEW. We would encourage our readers to make use of these services, when needed.

## THE REVIEW

Items for the *April Review* should be sent to the editor by Sunday **24 March** please.

When writing articles, please remember to try and limit the length to avoid the need for me to edit it down afterwards to fit the space available. The maximum word total that fits on a single side is around 260, or less if we include pictures to break up the text. (If you are writing in Microsoft Word, you will find the word count recorded for you at the left hand side of the bar across the bottom).  
Thanks!



***Sheila Brain***

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**Remember our church motto:-  
"Within these walls let no-one be a stranger"**

For Reflection:

## 17th Century Nun's Prayer

Lord, thou knowest better than I know myself that I am growing older and someday will be old.

Keep me from the fatal habit of thinking I must say something on every subject on every occasion.

Release me from craving to straighten out everybody's affairs.

Make me thoughtful but not moody, helpful but not bossy.

With my vast store of wisdom it seems a pity not to use it all, but thou knowest, Lord, that I want a few friends at the end.

Keep my mind free from the recital of endless details; give me wings to get to the point!

Seal my lips of my aches and pains - they are increasing and the love of rehearsing them is becoming sweeter as the years go by.

Keep me reasonably sweet; but know that I do not want to be a saint just yet - some of them are so hard to live with.

Give me the ability to see good things in unexpected places, and talents in unexpected people.

And give me, O Lord, the grace to tell them so.

*Anonymous*



# Ministry of Flowers

*Grateful thanks to all who donated and arranged the flowers in February*



*From Lyn*

- February 4th & 11th** Donated by Anthea Coates  
in loving memory of her brother Chris,  
and parents Ella and Percy Grail  
Arranged by Lyn Bellamy
- February 18th** Donated by John Douglass  
In loving memory of his son Ashley  
Arranged by Lyn Bellamy
- February 25th** Donated and arranged by Jean Curl  
In loving memory of her husband  
Graham

*There are some vacant dates on the flower rota. Speak to Lyn if you would like to provide the flowers on any of these.*

Love and congratulations to all who celebrate  
an anniversary or birthday in March.



## **Diamond Weddings!**



Special congratulations to two couples celebrating Diamond Weddings this month. We wish you God's blessing for the day

**March 28th:** Eve and Archie Connor

**March 30th:** Jo and Mike Hooper

## **News of the Church Family**

### **In Memoriam : Doris Bedwell.**

Doris has been attending Glenorchy Church for nearly 20 years. She came to the Luncheon Club and helped lay the tables. For many years she attended the Fellowship at the YWCA, and the over 60's club at the Salvation Army and regularly attended the Church Coffee Morning and was a member of the Women's Institute.

She regularly attended the Sunday Morning service. Despite her failing health, loss of hearing and of the sight in one eye she would be there in her seat on a Sunday morning. How she managed to get down and up the steep step to her flat was down to her determination to get out. Until a couple of years ago, she could be seen on the no 7 bus coming into town and doing her shopping, making use of the chairs in the Co-op shop. She enjoyed her weekly visit to the hairdresser. It was a privilege to visit Doris on a Friday afternoon. She was 101½ years old and will be missed.

***Jenny Newman***

### **Important! Changes to Church Directory**

Please add three new e-mail addresses in your copy of the Directory:

**Steve HARROD:** s.harrod@outlook.com

**John PALMER:** jp4642@outlook.com

**Christine STREDWICK :** cstred@talktalk.net

## Prayer Group



Following the item last month about the Prayer Group, there was a query as to whether this was just about praying for individuals who are unwell, or whether there is a wider brief for prayer on other matters of concern.

Another question raised was whether early on a Tuesday morning was the best time for people who may find it difficult to come into town at that time. The original reason for this was that this then left the rest of the day free for other activities.

In view of the drop in numbers coming along, the Elders have agreed that there should be a discussion at Church Meeting about the meeting for prayer and whether this should still be seen as an important part of our ministry—and if so whether the timing and style might be changed.

### **Church Meeting: Sunday 24th March at 11.30 am**

Please note that the Church Meeting this month will be held on the 4th Sunday, since the 3rd Sunday (17th) is designated as Mission Sunday, followed by a Church lunch.

The Church Meeting agenda will be looking ahead to the Annual Church Meeting in May, including election of Elders. Members will also need to give approval to the Pastorate Profile drawn up by the Vacancy Committee, so that this can be submitted to the Synod in order for the terms of the vacancy to be agreed. *See separate item on p10*

## **Pastorate Profile**

Before we can proceed with finding a new minister, there are a number of preparations to be made. The first was to appoint a **Vacancy Committee\*** to oversee the process, who were confirmed at the Church Meeting in November. In the meantime, the Elders had already started to prepare the information which will need to be included in the so-called "**Pastorate Profile**" describing Glenorchy and our vision for the future. Once our Interim Moderator, Wendy Milne, was appointed by the Synod in January the serious process of finalising the profile could begin. After three meetings the Vacancy Committee is now ready to present the proposed Profile to the Elders and then to Church Meeting for approval.

The next stage will be for the Synod to make a decision as to whether we will need to share ministry with another church (as was the case with Robert) or whether a prospective minister might be expected to spend part of his/her time doing other work for the Synod. This has to be decided before a vacancy be declared so that it is clear to any interested minister what are the terms of the appointment.

Members will have an opportunity to view the Profile in advance of the **Church Meeting on 24th March**. It is hoped to have a few printed copies available to look through for a couple of weeks before the meeting and those on e-mail will be sent an electronic version. It is hoped that this can then be approved in principle at the meeting and forwarded to Synod without further delay.

## LUNCHTIME CONCERTS



**March 6th: Wood Farm Wind Quintet.** Their members are Robert Stephenson (flute); Andrew Maries (oboe); Chris Gradwell (clarinet); Trevor Ives (horn); Alan Boxer (bassoon). They have played for us several times now. Chris Gradwell also plays “gentle jazz” and you'll have heard him if you came to the concert on 10<sup>th</sup> October last year. A Wind Quintet is something a little different.

**March 13th: Beacon Piano Trio.** “The Beacons” are always popular and have been playing for us for quite a few years. Their members are Anna Cockroft (violin); Ruth Lass (cello) and Joyce Clarke (piano)

**March 20th: Margaret Aagesen Hughes** (soprano) with **Andrew Wilson** (piano). It's a little while since Margaret last sang for us, though Andrew has been more recently.

**March 27th: Dorothy Ferrier** (soprano) with **Dorothy Worthington** (piano) They have been to us before, though not for a couple of years. They will be doing the first half of the programme. The second half will be **Mark Hansford** (baritone) with **Josephine Pickering** (piano) Mark sang for us in the first half of the current season on 17<sup>th</sup> October.

*David Lee*

**\* Vacancy Committee members:**

**Elders:** Sheila Brain, Pam Diffey, Angela Morland,  
Jenny Newman, Geoff Smith

**Church Members:** Sue Densham, Peter Johnstone,  
Bob Jones, Wendy Marshall, John Palmer

## Skittles Evening



Grateful thanks to Peter and Joan Street for organising the successful skittles evening on February 15th at the Dog and Donkey in Knowle. 18 members and friends attended and enjoyed a lovely buffet as well as playing skittles. Each person was able to play 5 games. The winner with the highest score was Val, whilst David received the wooden spoon for the lowest score. Well done to everyone who had a go!

## Walking Group March walk: Friday 8th March



As the February walk was sadly rained off, we will make another attempt to do it in March! Meet at 10am in the car park at Starcross (A379). After coffee we will walk through the Powderham Estate, gaining attractive views of the River Exe. Lunch will be at the Swans Nest. **Brian Chapman**

**Reminder :** Heather King has CDs of songs recorded by her Mum, Beryl King. There are 9 tracks including 'Oh for the wings of a dove' 'Hear ye Israel' and 'I'll walk beside you'. If you are interested in having a copy please contact Heather on Exmouth 275758 or email [heatherking6735@gmail.com](mailto:heatherking6735@gmail.com). The cost is a £5 donation to Save the Children.



9am at Wine of Araby in the Precinct  
**Saturday 2nd March**  
Please ring Ian on 279433 if you're coming

## Eco Church

For those who appreciate being able to buy ethically sourced food, **Nourish** opened in Topsham last year, also describing itself as a zero waste provisions store. It's on Fore Street so easy to get to from Exmouth on the 57 bus. Nearer to home, **Mother Earth** in Exmouth (next to Subway, on Imperial Road), stock a full range of healthy foods, whole foods, organic fresh produce, bread and takeaways, natural and organic body-care products and environmentally friendly household cleaning products. Alongside that they sell natural remedies and have a range of loose, bulk grains, seeds and pulses.

For those who are interested in the science of climate change, there is a Christians in Science SW talk by Dr Anthony Hereward on Climate Change, on **Friday 15<sup>th</sup> March at 7.30pm**, at the Sherwell Centre, Plymouth University. There is free parking on campus and free entry.

The "Living Lent" initiative of the joint public issues team of the URC, Methodists, Baptists and Church of Scotland suggests taking on one of the following challenges for the 40 days of Lent (beginning **6th March**)

- go meat-free
- take up an alternative form of transport
- give up single-use plastics
- have an 'electricity free' hour every day
- buy only locally sourced food
- commit to buying nothing new which is non-essential

You can sign up at [www.livinglent.org](http://www.livinglent.org) to "share blogs, spiritual reflections and creative materials, and support each other as we attempt to change our lifestyles for the climate".

**Geoff Smith**

## **Christians Together**

### **Week of Prayer for Christian Unity, January 2019**

A need for unity of purpose and a need to learn more about each other are reasons for praying together. Inter-denominational unity is not a realistic prospect at present. At our morning service on January 20<sup>th</sup> Rev Iain McDonald reminded us how the United Reformed Church was formed from two denominations in the 1970's and that then it was hoped the process would continue – with further unions replacing the “URC” with something else. It was not to be.

When churches cooperate, much can be achieved. Exmouth's “Open Door” Centre is a good example of how members of different denominations can work together on a project. Nevertheless most church activities are still organised “in house”.

The Week of Prayer events were well supported this year. The Sunday evening joint service was led by the minister of the Riverside Church and other clergy with worship songs led by the Riverside's young and skilled music band.

At the Holy Ghost Catholic Church and at Holy Trinity C of E 45 people attended the lunchtime meetings, with slightly smaller numbers elsewhere. Besides myself, 3 members of Glenorchy URC attended meetings at another church. The last lunchtime prayer meeting was held at Glenorchy and led by Geoff Smith. Thank you, Geoff, and all those who prepared and served the soup and bread lunch (with extras).

The theme to think and pray about this year was injustice of all kinds. We touched upon race, dictatorships, modern slavery, gender, workers' rights, refugees etc. The Christian Church in Indonesia provided some of the ideas – including the idea that injustice is caused by divisions between groups of people. The question then arose “How can a Church that is itself divided be effective against injustice?”

***Peter Johnstone***



Recommended book

**The Cross and the Switchblade by David Wilkerson**

This memoir recounts Wilkerson's mission in which he feels compelled to free the teenage boys and girls of the New York Ghettos from the hopelessness, addictions and violence which are all they know. Wilkerson, a country preacher without experience and without resources other than prayer, puts his trust in the guidance of the Holy Spirit, from which follow the miracles that enable him to establish the first Teen Challenge Centre and introduce the teenagers to God's unjudgmental love. He later wrote a sequel to this inspiring book, which we also have.

**Coral Embury**

Prayer is where the action is.  
*John Wesley*

## **Noel's Prayer Page**

### **NEW MISSION CHARITIES**

As Peter Brain explained in the last edition of *Review*, the Glenorchy Mission Committee has a tradition of supporting three charities each year, and we alter these from time to time. Some of these are overseas, and some are in the U.K. We decided on one of each kind at our last Mission Committee Meeting and we invite members to pray for the work done by these organisations. On Mission Sunday, March 17, we will hear about **Mission Aviation Fellowship**, and their responses to calls for medical help in rural areas where little professional assistance is available.

The other charity already selected is much nearer to us. The **Children's Hospice South West** is in North Devon, founded in 1991 by Eddie and Jill Farwell, whose children, Katie and Tom, had life-limiting illnesses. They had to travel to Helen House in Oxford, the only children's hospice in the U.K. at the time. This sad experience prompted their parents to help found Little Bridge House, near Barnstaple, in 1995.

A few years ago several of our church members had the privilege of visiting this lovely hospice, which is beautifully furnished and equipped. It is a place where parents can stay with their children in the last weeks of their lives. Visitors are only able to go round when there are no children in residence, and we are hoping that some more Glenorchy members will be able to experience this atmosphere for themselves: It is one I will never forget.

Our third charity will be chosen in March.

*Loving God, we pray for all the children and the parents in residence or visiting Little Bridge House today. We pray for the helpers and workers there: management, nurses and catering staff. We pray for children afflicted with cancer and other severe life-threatening illnesses, and for all those who care for them at home or in hospitals and hospices. May those who are afflicted suffer as little pain as possible, and may it be possible to have more centres of this kind across this country and overseas. We ask this in the name of our Lord, Jesus Christ. Amen.*



### **Christian Response to Eastern Europe**

The Warehouse will be open on Wednesday 6<sup>th</sup> March 10am-3pm. I will be able to collect on Monday 4<sup>th</sup> anytime and on Wednesday 6<sup>th</sup> from 10.30am onwards. Good quality clothing for men, women and children always welcome. Bedding, sheets, pillow cases, blankets in good condition. Kitchenware in good condition. If you are able to take the goods yourself, the Warehouse is at the bottom of Spiders Lane off Marley Road, behind the green hedge. Thank you for your continued support .

***Jenny Newman***

Lent comes providentially to reawaken us, to shake us from our lethargy.

***Pope Francis***



## Larder Update



Charity is the greatest of the "three things that last: faith, hope and charity". Charity is often translated better as "love"; both words convey a variety of ideas, but taken together they focus on giving and on caring for others.

In the Larder we certainly rely on our donors' care and concern in what is given for people in need. But "HOPE" should not be overlooked. CAB (Citizens' Advice Bureau), the Open Door Centre and others help to get people to a better footing in life - which gives hope. In fact we insist that clients do get support for their underlying problems.

East Devon District Council also give very positive help. The EDDC offices in Exmouth Town Hall are open 5 days per week which saves travel to Exeter. Staff are not just looking at benefit issues but also discretionary housing payments, money advice, identifying if clients qualify for any other benefits and also making links with other services. It is brilliant to report that our local council and its staff can be numbered amongst those who are giving HOPE - possible light at the end of the tunnel for people who are hungry and worrying about how to feed the children.

Reports of Anthony's full retirement are premature, management of the Community Larder now falls to a Leadership Team, with Noel as team leader on Monday and Ian on Friday. At the recent annual gathering Anthony received a presentation for his 6 years as manager, but also a hard hat to symbolise the role of Warehouse Manager!

The reality is a hard working team of dedicated volunteers, working together to make it work; acting as intermediaries between the generosity of the community and the needs of people who are in a hole.

The Mayor was also at the gathering, receiving Larder thanks for the generosity of the community and also expressing appreciation for what the Community Larder does. We may be fulfilling different roles, but we are all in it together, giving charity, love and caring to people who badly need hope!

*Exmouth Community Larder*

### **Allotment Diary**

When the weather has allowed, work has continued during January and February. Some of the beds have been dug over. Ian's autumn planting of broad beans are growing well. Phil has planted a small Bramley apple tree. Leeks and Brussels sprouts are being harvested. A gift of top-soil has enabled us to improve some of the poly-tunnel beds. The new sowing season is nearly with us.



***Peter Johnstone***

### **Church Choir**

Regular Choir practices resume at 3.30 pm on Friday 8<sup>th</sup> March. All who enjoy singing are welcome to attend our practices. Please come and join us!



**Shaping our Future in Exmouth  
Have your say!**

**Exmouth Neighbourhood Plan**

**It's time to vote - and this time it is very local.**

During the past three years Exmouth residents have been giving the community-led steering group for the Exmouth Neighbourhood Plan clear and constructive views on how they want the town to develop. Their views have been carefully recorded and fully discussed then reflected, wherever possible, in the Neighbourhood Plan. The referendum on the Plan will be on Thursday 21<sup>st</sup> March.

If supported by Exmouth voters, the Plan will have a real influence whenever relevant developments are proposed. There will also be extra money available to spend in Exmouth on projects identified in the Plan.

It is not set in stone, as the Plan must be reviewed within a few years. That means any resident will be able to put forward ideas on what should be in the next version. The community will continue to be engaged and the process will be transparent. This is the first time the people of Exmouth have been invited to cast their vote on a Neighbourhood Plan and to have such influence.

We hope everybody will read the complete plan at the Town Hall or on the web-site: [www.exmouthneighbourhoodplan.uk](http://www.exmouthneighbourhoodplan.uk)

Roy Pryke

*Chairman*

*Exmouth Neighbourhood Plan Steering Group*

# **Fairtrade Fortnight Pancake Party Tea**

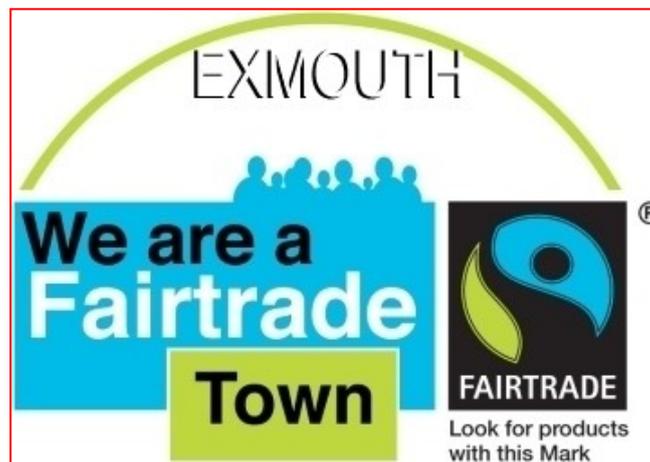
**Tuesday March 5, 5-6pm**

**All Saints hall Exeter Road**



**Meet two banana growers from St Vincent in the Caribbean: Veronica Browne and Simeon Green**

There will be banana flavoured pancakes and other refreshments. Admission is free—donations invited.



## **Lenten prayer**

“So far today, God, I've done all right. I haven't gossiped, I haven't lost my temper. Haven't been grumpy, nasty or selfish. I'm really glad of that. But in a few minutes, God, I'm going to get out of bed; and from then on, I'm probably going to need a lot of help...”

## MARCH

### **Friday 1<sup>st</sup>**

2.30 World Day of Prayer  
Methodist Church, Tower Street  
6.30pm-8.45pm Table Tennis

### **Saturday 2<sup>nd</sup>**

10am Coffee Morning

### **Sunday 3<sup>rd</sup>**

10.30am Family Service with  
Holy Communion  
Revd Peter Brain

### **Tuesday 5<sup>th</sup>**

9am Prayers for Healing  
5pm Fairtrade Pancake Tea  
All Saints Hall, Exeter Road

### **Wednesday 6<sup>th</sup>**

10am Art Group  
\*12.30pm Lunchtime Concert

### **Thursday 7<sup>th</sup>**

9.15am-12.15pm Work Club

### **Friday 8<sup>th</sup>**

10am Church Walk meet at  
Starcross car park  
3.30 Choir Practice  
6.30pm-8.45pm Table Tennis

### **Saturday 9<sup>th</sup>**

10am Coffee Morning

### **Sunday 10<sup>th</sup>**

10.30am Family Service  
Revd Michael Diffey

### **Tuesday 12<sup>th</sup>**

9am Prayers for Healing  
2.30pm House Group at  
255 Exeter Road.

### **Wednesday 13<sup>th</sup>**

10am Art Group  
\*12.30pm Lunchtime Concert  
7.15pm House Group at  
14 Winchester Drive

### **Thursday 14<sup>th</sup>**

9.15am-12.15pm Work Club  
7pm Elders Meeting

### **Friday 15<sup>th</sup>**

3.30pm Choir Practice  
6.30pm-8.45pm Table Tennis

### **Saturday 16<sup>th</sup>**

10am Coffee Morning

### **Sunday 17<sup>th</sup>**

10.30am Mission Service  
Led by Mission Committee  
Speaker Dr Luc Vandamme  
Mission Aviation fellowship

\* Tea / coffee served in the hall from 12 noon before concerts

## MARCH

### Tuesday 19<sup>th</sup>

9am Prayers for Healing

### Wednesday 20<sup>th</sup>

10am Art Group

\*12.30pm Lunchtime Concert

### Thursday 21<sup>st</sup>

9.15am-12.15pm Work Club

### Friday 22<sup>nd</sup>

3.30pm Choir Practice

6.30pm- 8.45pm Table Tennis

### Saturday 23<sup>rd</sup>

10am Coffee Morning

### Sunday 24<sup>th</sup>

10.30am Family Service

Revd Bob Ellis

11.30 Church Meeting

### Tuesday 26<sup>th</sup>

9am Prayers for Healing

### Wednesday 27<sup>th</sup>

10am Art group

\*12.30pm Lunchtime Concert

### Thursday 28<sup>th</sup>

9.15am-12.15pm Work Club

### Friday 29<sup>th</sup>

3.30 Choir Practice

6.30pm-8.45pm Table Tennis

### Saturday 30<sup>th</sup>

10am Coffee Morning

### Sunday 31<sup>st</sup>

10.30am Family Service

Revd Ruth Whitehead,

Synod Moderator

### PUZZLE CORNER

This month we have a collective query!

What are:

geese, moles, larks, pheasants,  
peacocks, turkeys, finches, hares, oxen.



*Last month's mystery poets were:*

*Thomas Gray; Philip Larkin; Thomas Stearns Eliot; Henry Newbolt; Wilfred Owen; Christina Rossetti; Samuel Taylor Coleridge; Gerard Manley Hopkins; William Butler Yeats.*

Glenorchy United Reformed Church

Minister

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